

LeSure and Associates

Policy on Electronic (Psychology) Service Delivery

Electronic Service Delivery (“ESD”), also called “Telepsychology,” is defined as mental health therapy in any form offered or rendered primarily by electronic or technology assisted approaches when the mental health therapist and the client are not located in the same place during the delivery of services. You will need a basic ability to handle computers and the internet so that services may be delivered in this manner. Please read the following agreement carefully:

1. There are potential benefits and risks of ESD that differ from in person sessions.
2. You will need a webcam or a smart phone with a camera to participate in the session.
3. You are responsible for maintaining a quiet, confidential physical space in which to receive these services.
4. No one, including the therapist, may record a session without permission from all parties involved.
5. We agree to use the video conferencing platform Doxy.me. Your therapist will explain how to access the platform. Email or mobile text may be used to communicate regarding appointments, but these are not secure venues and should not be used for confidential communication.
6. It is important to be on-time. If you need to cancel or change an appointment, it must be done 24 hours in advance to avoid charges.
7. Please make sure you have provided a phone line and/or email address, so that your therapist can reach you in the event of technical problems.
8. If there is a mental health emergency that requires face to face assessment, you agree to go to the nearest emergency room for assessment.
9. You should confirm with your insurance company that the video sessions are reimbursed. If they are not, you will be responsible for full payment.
10. You and/or your psychologist may determine that telepsychology is no longer appropriate. In that case, you will be given referral information for face to face care but it is ultimately your responsibility to schedule this care and follow through with recommendations.